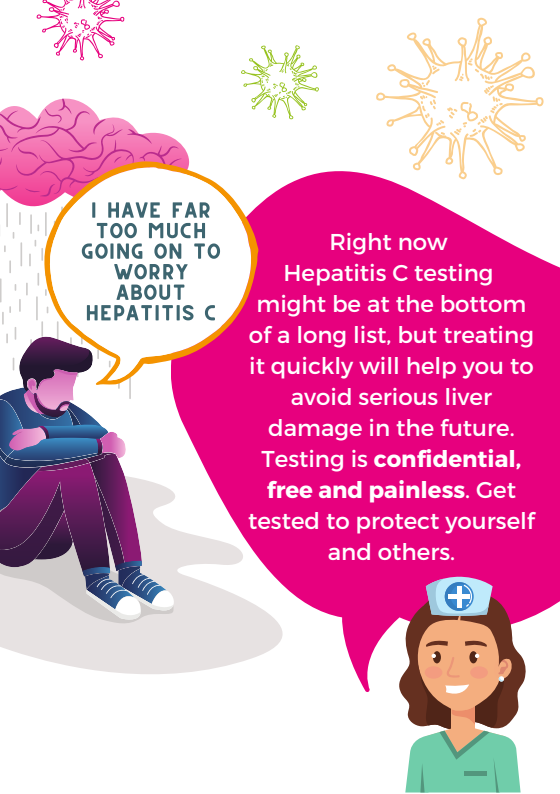


LIVE HEP C FREE

FREE HEP C LIVE

TREATMENT
IS EASY, FREE &
CONFIDENTIAL



I HAVE FAR
TOO MUCH
GOING ON TO
WORRY
ABOUT
HEPATITIS C

Right now
Hepatitis C testing
might be at the bottom
of a long list, but treating
it quickly will help you to
avoid serious liver
damage in the future.
Testing is **confidential**,
free and painless. Get
tested to protect yourself
and others.

A cartoon illustration of a man with brown hair, wearing a blue t-shirt, looking thoughtful with his hand on his chin. He is surrounded by several stylized virus particles with long, thin protrusions. The background is a solid pink color.


**WHAT IS HEPATITIS
C AND HOW DO
YOU CATCH IT?**

A cluster of stylized virus particles with long, thin protrusions, located on the left side of the white text box.

**HEP C IS A BLOOD BORNE
VIRUS.**

This means that your blood needs to come into contact with blood from another person who is infected.

You can catch hep C in a number of ways

- Sharing or reusing needles, syringes, spoons, filters or water
 - Sharing of drug snorting equipment
 - Sharing crack pipes
 - Using non-sterile equipment
 - Tattooing and body piercing
 - Blood transfusions prior to 1991
- 
- A cartoon illustration of a male doctor with brown hair, wearing glasses, a white lab coat, a stethoscope, and a head mirror. He is smiling and pointing towards the text box with his right hand.



**IS IT EASY TO
TEST
AND TREAT?**

**Hep C is more straightforward than ever
to treat, and testing is discreet and
confidential.**

Oral tablet only

Very few side effects

Treated in 8 - 12 weeks

Cures 19 out of 20 people



EXCESSIVE ALCOHOL USE CAN SPEED UP THE DAMAGE CAUSED BY HEP C, SO TRY TO WATCH THOSE UNITS.

Maximum Weekly Alcohol Guidance

Limits are now the same for men and women at **14 units per week.**

Six Pints of Beer (4% strength)



**Seven Glasses of Wine
(11.5% strength, 175ml)**



**Fourteen Single Shots
(40% strength, 175ml)**



LIVE HEP C FREE

GET IN TOUCH.



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