

NALOXONE IS TREATMENT SPECIFIC

The only effect it has is to reverse the effects of an opioid overdose e.g. Heroin or Methadone.

DRUG	DURATION
METHADONE	24 hrs
HEROIN	6 – 8 hrs
MORPHINE	3 – 6 hrs
CODEINE	3 – 4 hrs

Above is a chart of the duration of effects of some common opiate based substances.



Naloxone Train the trainer courses are also available.



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NALOXONE SAVES LIVES

Whether you're in treatment, thinking about treatment or have successfully detoxed from treatment naloxone training is vital for you to receive and could save your life!

If you've successfully exited treatment please remember lapses and re-lapses can happen, so your safety is imperative.

find out more at:
www.take-homenaloxone.com



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MYTHS ABOUT OVERDOSE

- Cold bath
- Walk them round
- Get them outside for fresh air
- Hit them
- Inject salt water

NONE OF THE ABOVE WILL REVERSE AN OVERDOSE

SIGNS OF AN OVERDOSE

- Snoring/ gurgling noises
- Not able to rouse
- Turning blue
- No pulse
- Pin point pupils

REMEMBER C.A.R.A

C - CALL AN AMBULANCE
A - CHECK AIRWAYS
R - RECOVERY POSITION
A - ADMINISTER NALOXONE

RISKS OF OVERDOSE

- Leaving prison
- Stopped or finished treatment
- Injecting drugs (you can still overdose even if you don't inject)
- Mixing drugs (especially depressants)
- Using alone

- **One of the biggest risks of overdose can be when you have successfully detoxed as your tolerance to opiates can drop in a matter of days.**
- **The naloxone kit is designed for intramuscular injection to allow quick access and is supplied with a long needle to get through clothes if needed.**
- **The sites to use would be the upper arm, thigh or upper outer buttock.**
- **Around a third of injecting heroin users report having experienced an overdose, about half have witnessed an overdose and more than three quarters knew someone who has died as a result of an overdose.**

A Heroin overdose is more common when mixed with other drugs especially depressants e.g. benzodiazepines, alcohol and methadone. All these substances act on and depress the central nervous system, therefore, the more depressants in the system the bigger the risk of the body shutting down.

TELL YOUR FRIENDS AND FAMILY ABOUT IT – 85% OF PEOPLE ARE NOT ALONE WHEN THEY OVERDOSE. STAY CALM - ACT FAST AND SAVE A LIFE!

NALOXONE GROUPS TAKE PLACE THROUGHOUT OUR GWENT BASES