

Mephedrone

Meph, MC, MCAT, 4-MMC

Miaow, Meow Meow, Bubbles

Bounce, Charge, Drone, White Magic



Appearance

A fine white, off-white or yellowish powder.

Effects

Often described as a mix between amphetamine, ecstasy and cocaine. users feel alert, confident and talkative and some users feel greater empathy with those around them.

The effects tend to last around an hour.



Method of use

Swallowed, snorted, smoked or injected.

The Law

Mephedrone became a class B drug in 2010 meaning it is illegal to have, give away or sell.



It can overstimulate the heart and affects circulation. Users report blue or cold fingers.

Severe nosebleeds have been reported after snorting.

Health

It overstimulates the nervous system to cause fits, agitation and hallucinations. It can also cause anxiety and paranoid feelings.

Risks

There is no physical addiction to mephedrone but psychologically users can feel unable to do anything without it.

Users report palpitations, insomnia, loss of short-term memory, vertigo, grinding of teeth, sweating and uncomfortable changes in the body temperature.

Harm reduction

Mephedrone should be avoided by people with high blood pressure, heart problems, present or past psychological problems, hypertension, glaucoma or pregnancy.

It's much safer to swallow (known as 'dabbing' or 'bombing') the drug since the stomach is designed to get rid of irritants that the nose or veins aren't.

Injecting Mephedrone leads to a considerable risk of injecting the impurities the drug is mixed with, possibly causing collapsed veins. If injecting, NEVER share your needles due to the risk of HIV.